

INDIANA INFANT MORTALITY AND BIRTH OUTCOMES, 2023

FAMILY HEALTH DATA AND FATALITY PREVENTION

03/26/2025

OUR MISSION:

To promote, protect, and improve the health and safety of all Hoosiers.

OUR VISION:

Every Hoosier reaches optimal health regardless of where they live, learn, work, or play.



Data details

- 2023 infant mortality by the numbers
 - Based on death records from 2023
 - These deaths encompass births that could have taken place in 2022 or 2023.
 - These deaths encompass pregnancies that could have taken place from 2021-2023.
- Infant mortality is calculated by taking the number of infant deaths divided by the number of live births for a given calendar year.
- Both birth and infant death records are reported to the Indiana Department of Health Vital Records Division.
- These data are based on residency rather than location of occurrence.



Infant mortality quick facts

- Infant Mortality is defined as the death of a baby before his/her first birthday.
- Infant Mortality Rate is an estimate of the number of infant deaths for every 1,000 live births.
- Infant Mortality is the **#1 indicator** of health status in the world.

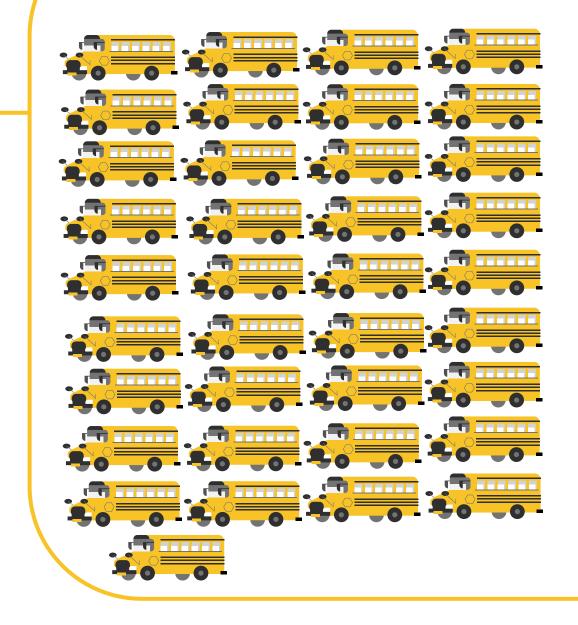


Infant mortality in Indiana



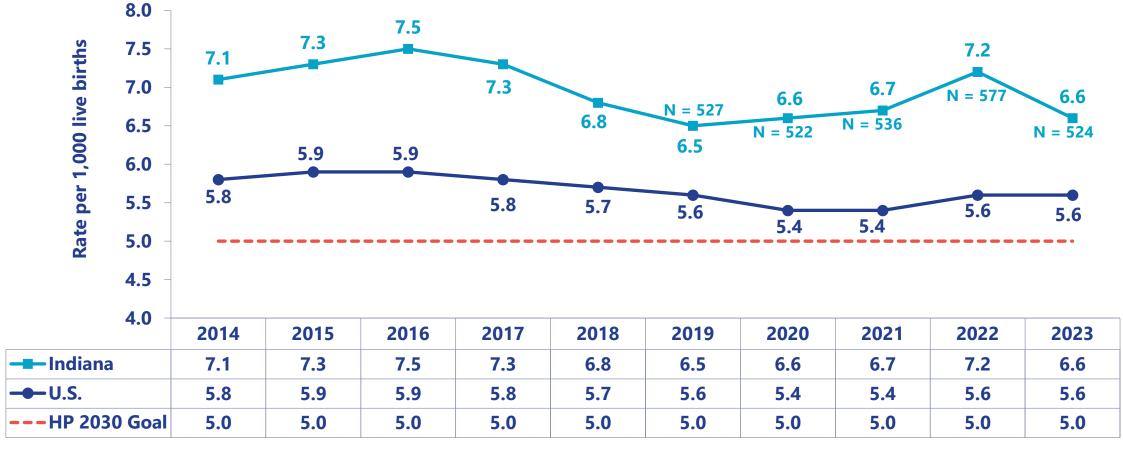
Infant mortality in Indiana

- 524 Hoosier babies died before their 1st birthday in 2023:
 - About 44 babies EVERY month
 - About 10 babies EVERY week
- Almost 2,700 infant lives lost in the last 5 years:
 - Over 37 school buses at maximum capacity



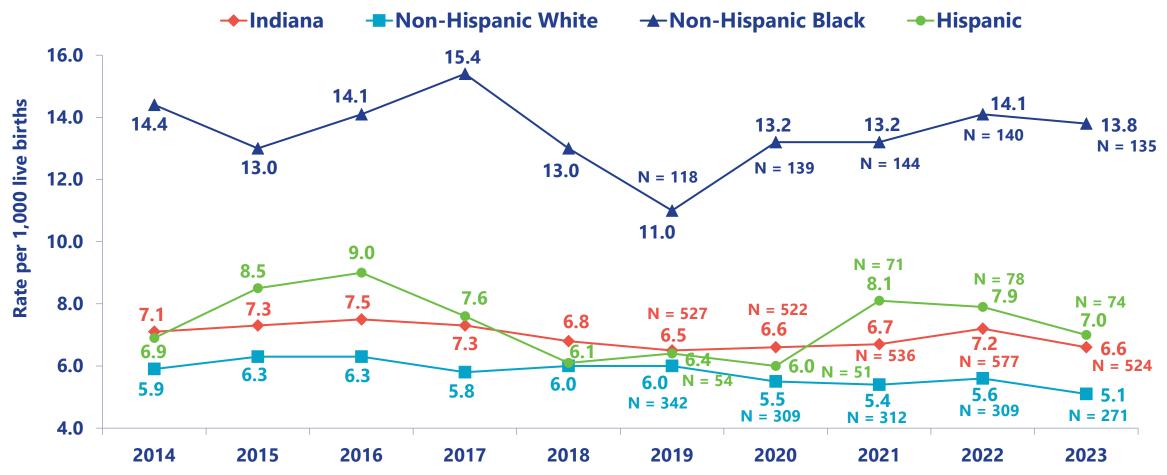


Infant mortality rates (IMRs) 2014-2023



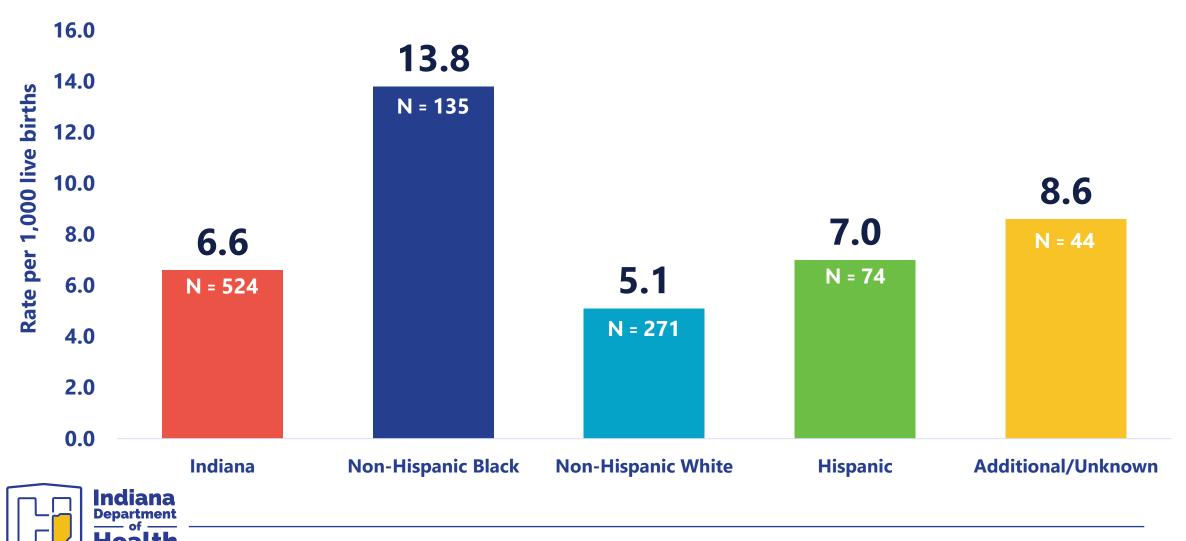


Indiana IMRs by race and ethnicity 2014-2023





Infant mortality by race and ethnicity Indiana, 2023



Infant mortality by geography



Infant mortality by hospital region

Indiana, 2019-2023



Region	Total	Non-Hispanic White	Non-Hispanic Black	Hispanic
Central	6.7	4.8 (N = 354)	10.9 (N = 294)	7.1 (N = 118)
Central Southwestern	7.6	7.0 (N = 93)	18.3* (N = 9)	** (N < 5)
Eastern	7.8	6.8 (N = 155)	17.3 (N = 39)	6.2* (N = 9)
Midwestern	6.1	6.0 (N = 55)	** (N < 5)	6.2* (N = 10)
Northeastern	7.0	6.0 (N = 246)	16.9 (N = 69)	8.5 (N = 39)
Northern	7.8	6.0 (N = 153)	18.3 (N = 92)	7.0 (N = 51)
Northwest	6.3	4.1 (N = 74)	11.4 (N = 92)	6.4 (N = 47)
Southeastern	6.1	6.1 (N = 75)	** (N < 5)	** (N < 5)
Southern	6.2	5.7 (N = 136)	17.7* (N =22)	8.2 (N = 21)
Southwest	6.1	5.5 (N = 125)	15.1 (N = 28)	3.9* (N = 6)
Western	6.0	4.7 (N = 77)	18.9 (N = 27)	9.5 (N = 23)



*Rates based on counts less than 20 are considered unstable and should be interpreted with caution.

**Rates based on counts less than 5 have been suppressed.

Infant mortality by public health district and region

Indiana, 2019-2023



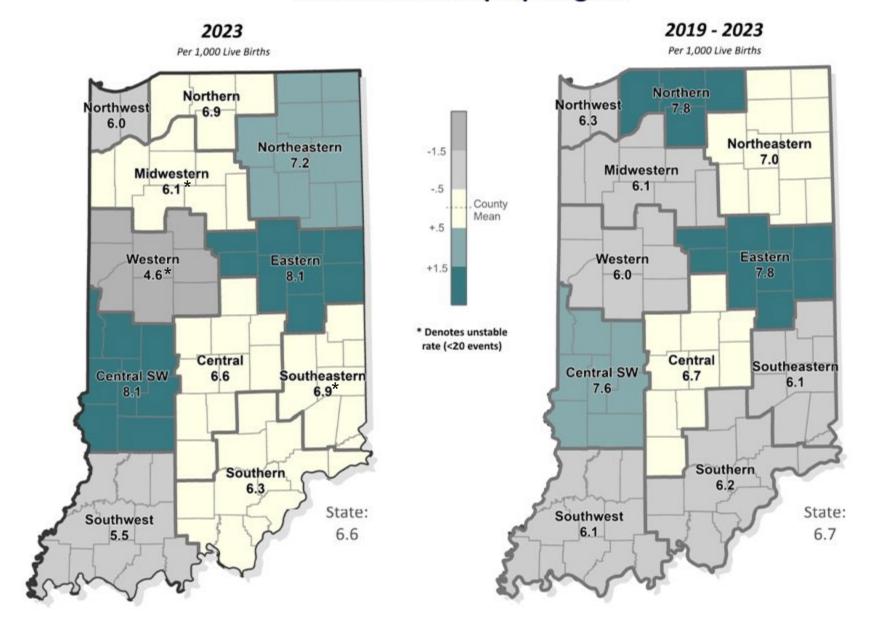
Region/District Total		Non-Hispanic White	Non-Hispanic Black	Hispanic
Northern	6.9	5.6	14.9	7.3
District 1	6.6	4.4 (N = 107)	13.0 (N = 115)	6.4 (N = 53)
District 2	7.5	6.2 (N = 174)	16.3 (N = 70)	7.3 (N = 54)
District 3	6.9	5.9 (N = 229)	17.0 (N = 69)	8.3 (N = 34)
District 4	6.5	5.4 (N = 83)	16.2 (N = 23)	8.4 (N = 28)
Central	7.0	5.5	11.6	6.9
District 5	6.7	4.7 (N = 331)	11.0 (N = 296)	7.0 (N = 115)
District 6	7.7	6.9 (N = 197)	16.4 (N = 41)	5.9* (N = 10)
District 7	7.6	7.0 (N = 93)	18.3* (N = 9)	** (N < 5)
Southern	5.9	5.4	15.3	7.1
District 8	6.4	5.9 (N = 89)	13.9* (N = 8)	10.5* (N = 19)
District 9	5.5	5.2 (N = 114)	16.3* (N = 17)	6.2* (N = 8)
District 10	6.0	5.4 (N = 126)	15.1 (N = 28)	3.9* (N = 6)



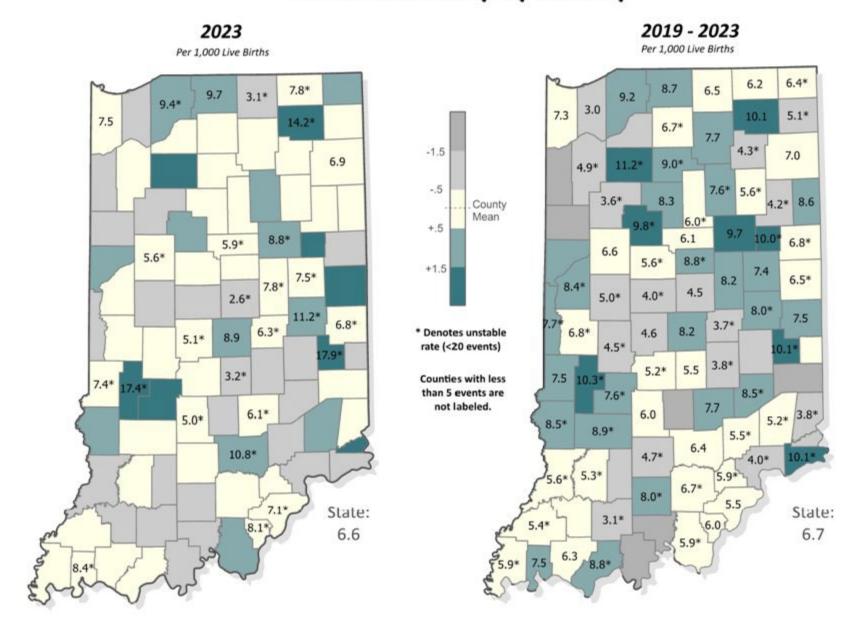
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Infant Mortality by Region



Infant Mortality by County



County-level Indiana infant mortality rates 2019-2023, stable rates

10 highest stable infant mortality rates

Noble, 10.1

Grant, 9.7

LaPorte, 9.2

St. Joseph, 8.7

Adams, 8.6

Cass, 8.3

Marion, 8.2

Madison, 8.2

Bartholomew, 7.7

Kosciusko, 7.7

Stable rates achieving Healthy People 2030 Goal (IMR<5.0)

Porter, 3.0

Hamilton, 4.5

Hendricks, 4.6



Infant Mortality Rates (IMRs) are per 1,000 live births.

Stable rates are based on counts of at least 20.

County-level Indiana infant mortality rates 2019-2023, unstable rates

Top 10 unstable infant mortality rates*

Pulaski, 11.2

Clay, 10.3

Switzerland, 10.1

Fayette, 10.1

Blackford, 10.0

Carroll, 9.8

Fulton, 9.0

Greene, 8.9

Spencer, 8.8

Tipton, 8.8

Unstable rates* achieving Healthy People 2030 Goal (IMR<5.0)

Dubois, 3.1

White, 3.6

Hancock, 3.7

Shelby, 3.8

Dearborn, 3.8

Jefferson, 4.0

Boone, 4.0

Wells, 4.2

Whitley, 4.3

Putnam, 4.5

Lawrence, 4.7

Jasper, 4.9



Infant Mortality Rates (IMRs) are per 1,000 live births. *Unstable rates are based on counts less than 20. Rates based on counts less than 5 are suppressed.

County Infant Mortality Rates Compared to the State 2019 - 2023

Per 1,000 Live Births

Low

High

Unstable

Only counties with stable rates are marked 'High' or 'Low' (>=20 events between 2019-2023).

Highest Stable Infant Mortality Rates

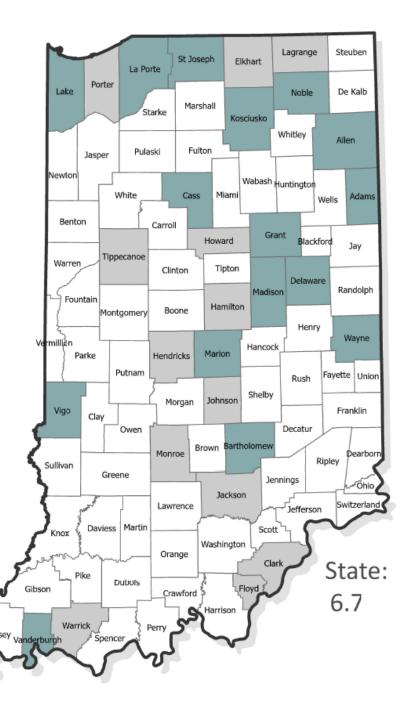
Noble, 10.1 Cass, 8.3
Grant, 9.7 Marion, 8.2
LaPorte, 9.2 Madison, 8.2
St. Joseph, 8.7 Bartholomew, 7.7
Adams, 8.6 Kosciusko, 7.7

Stable Rates Achieving Healthy People 2020 Goal (IMR<6.0)

Porter, 3.0 Hamilton, 4.5 Hendricks, 4.6 Johnson, 5.5 Clark, 5.5

Stable Rates Achieving Healthy People 2030 Goal (IMR<5.0)

Porter, 3.0 Hamilton, 4.5 Hendricks, 4.6



County-level rates by race and ethnicity Indiana, 2019-2023

Stable non-Hispanic Black infant mortality rates

LaPorte, 28.5

Vanderburgh, 18.0

Tippecanoe, 18.0

St. Joseph, 17.4

Allen, 16.2

Lake, 11.8

Marion, 11.2

Stable Hispanic infant mortality rates

St. Joseph, 8.5

Allen, 7.4

Marion, 7.4

Elkhart, 6.9

Lake, 6.9

Stable non-Hispanic White infant mortality rates*

Adams, 9.1

Grant, 8.3

Noble, 7.7

Wayne, 7.3

Kosciusko, 7.2

Bartholomew, 6.8



Stable rates are based on counts of at least 20. Infant Mortality Rates (IMRs) are per 1,000 live births. *Rates only included if above the 6.7 state 2019-2023 IMR.

Highest infant mortality rates by ZIP code Indiana, 2019-2023

ZIP Code	County	Births	Deaths	IMR	NH White IMR	NH Black IMR	Hispanic IMR
46241	Marion	2,563	38	14.8	12.3*	22.6*	12.3*
46628	St. Joseph	1,921	26	13.5	8.4*	19.5*	**
46360	La Porte	2,460	33	13.4	8.5*	26.5*	**
46218	Marion	2,539	31	12.2	**	13.4	12.9*
46806	Allen	2,491	30	12.0	19.6*	16.1*	7.0*
46410	Lake	2,061	24	11.6	**	15.3*	**
46201	Marion	2,462	27	11.0	9.4*	17.7*	7.9*
46219	Marion	2,385	26	10.9	6.0*	20.3*	10.1*
46222	Marion	3,155	32	10.1	**	19.4	5.3*
46224	Marion	3,646	35	9.6	8.0*	8.7*	8.5*

*Rates based on counts less than 20 are considered unstable and should be interpreted with caution.

**Rates based on counts less than 5 have been suppressed.

⁻ The IMRs by race and ethnicity are not listed in descending order. For example, Zip Code 46360 in Laporte County has the highest Non-Hispanic Black IMR at 26.5*.

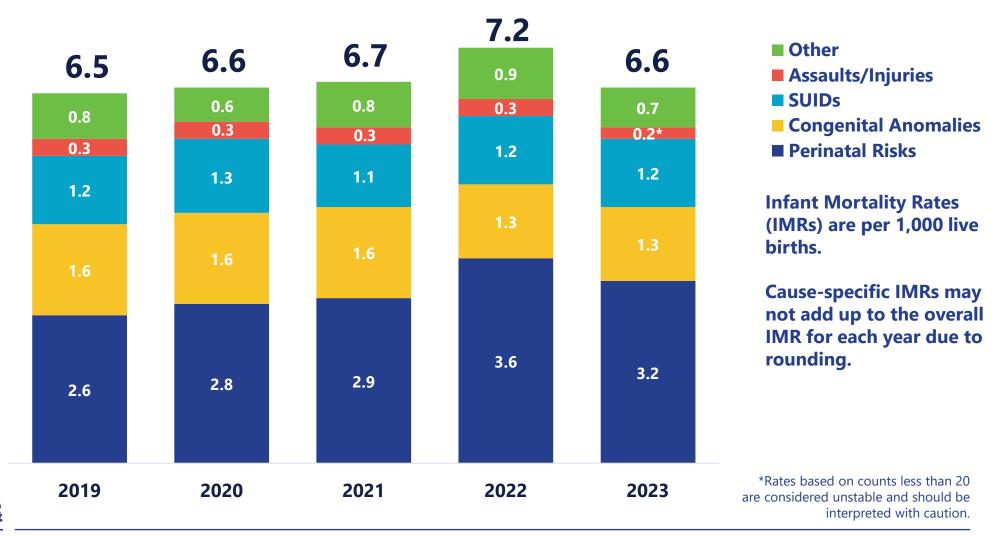


⁻ This table is sorted by overall infant mortality rate in descending order with Zip Code 46241 in Marion County having the highest IMR at 14.8.

Cause-specific infant mortality

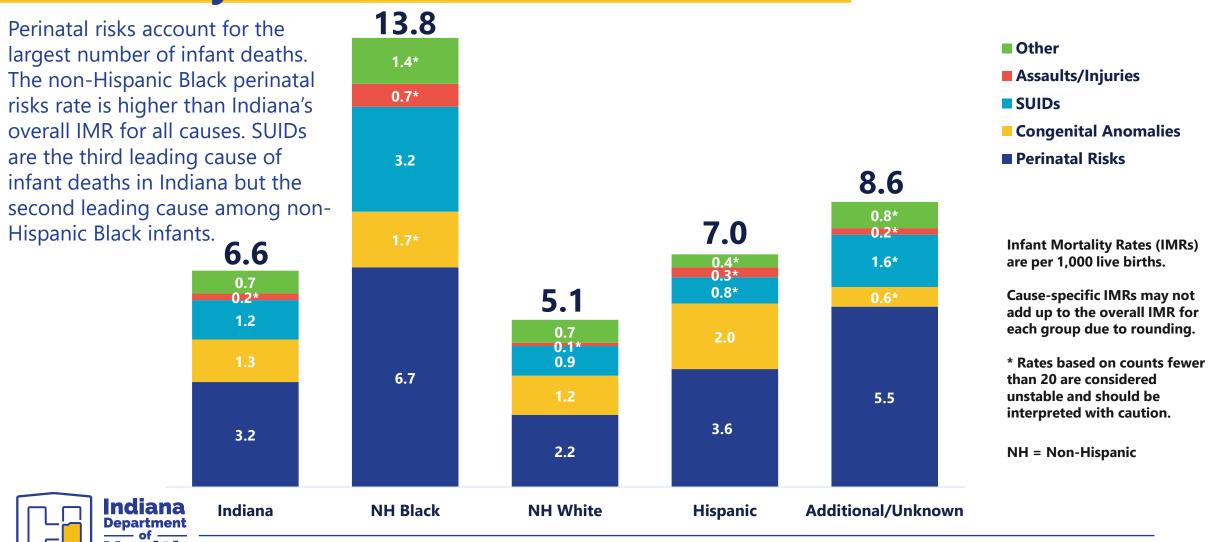


Causes of Indiana infant mortality

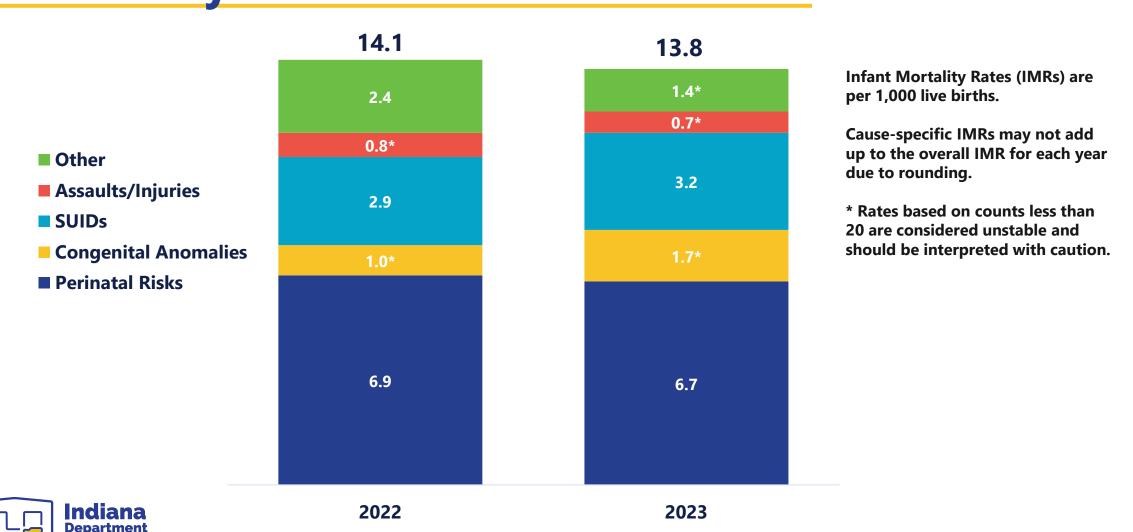




2023 Indiana cause-specific IMR by race and ethnicity

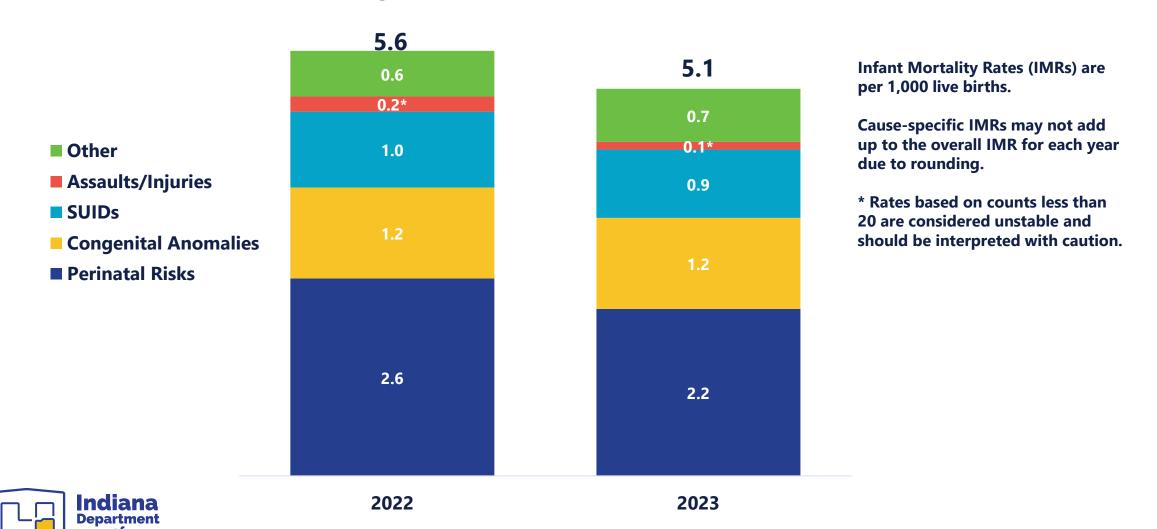


Causes of Indiana non-Hispanic Black infant mortality

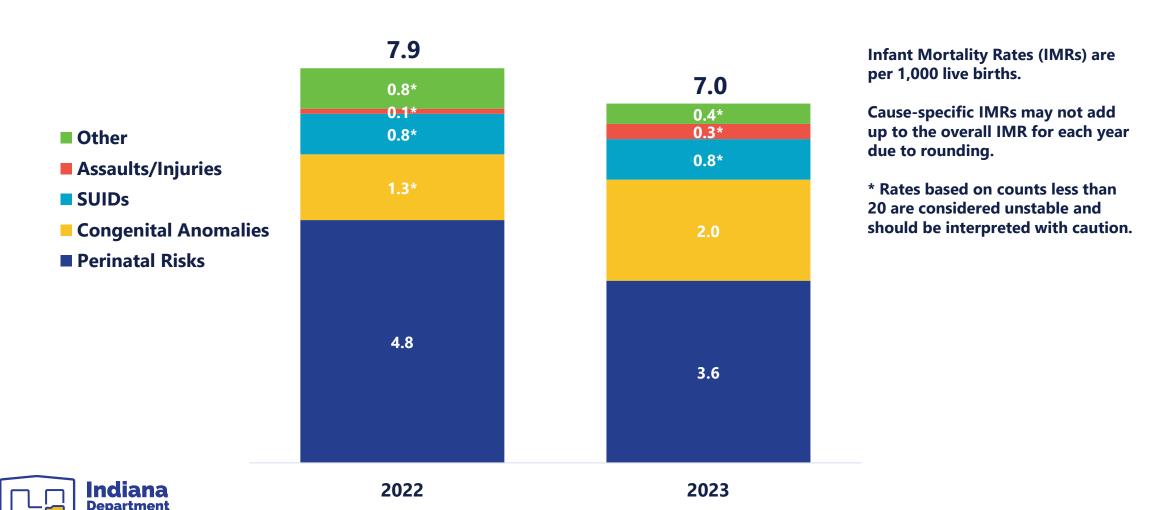




Causes of Indiana non-Hispanic White infant mortality

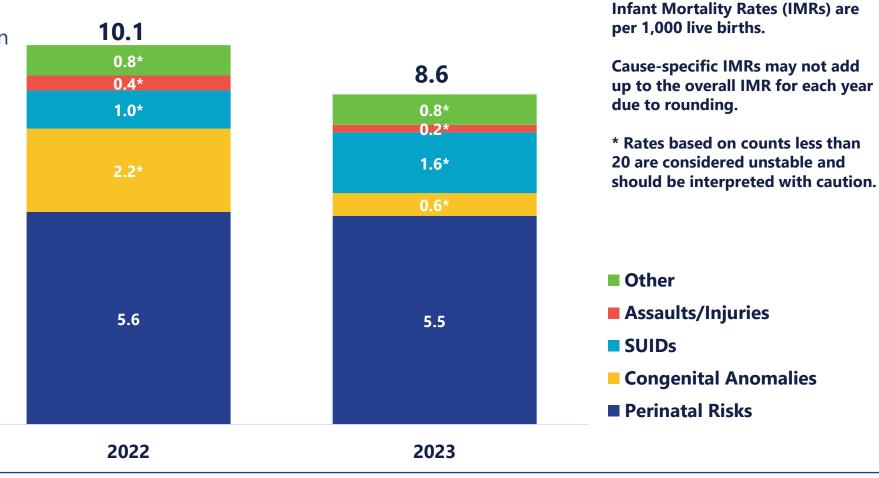


Causes of Indiana Hispanic infant mortality



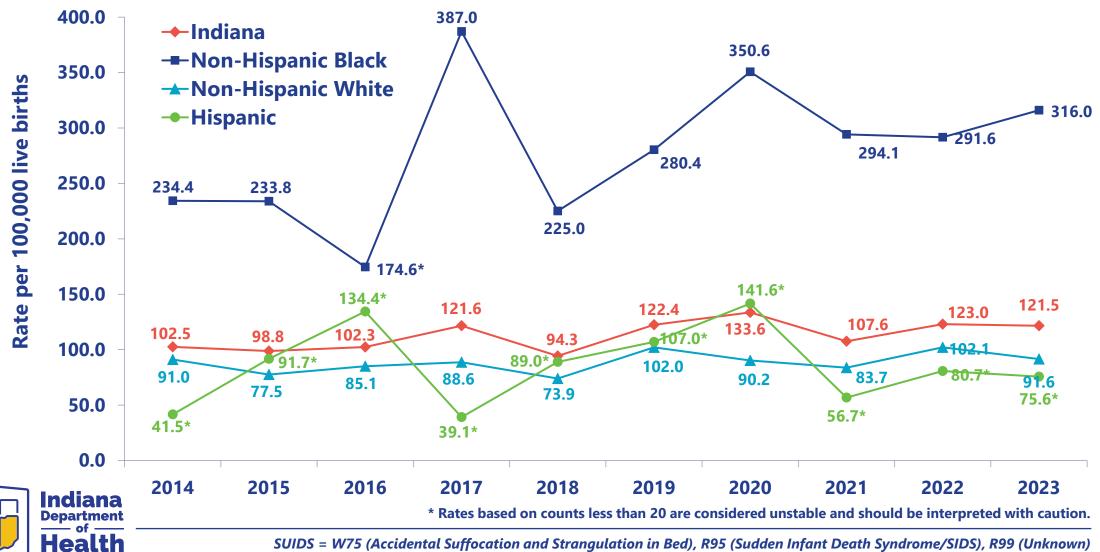
Causes of Indiana other/unknown race infant mortality

"Other" includes multi-race, Indian, Chinese, Japanese, Hawaiian, Filipino, other Asian or Pacific Islander, and other races that are not already described in the categories listed.



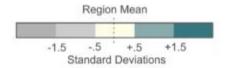


SUIDs rates by race and ethnicity Indiana, 2014-2023



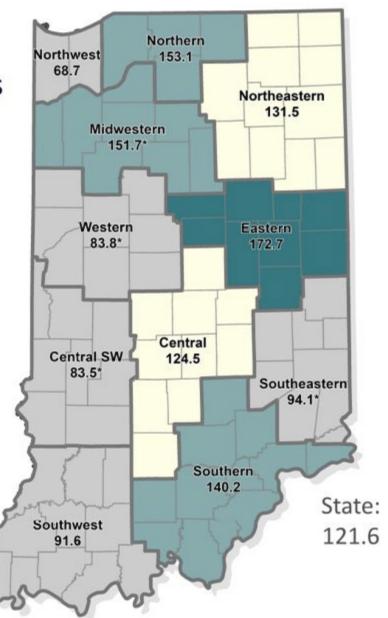
Sudden Unexpected Infant Deaths By Hospital Region 2019 - 2023

Per 100,000 Live Births



* Denotes unstable rate (<20 events)

Data Source: IDOH MCH, ODA DAT, VR | Map Author: IDOH ODA PHG, March 2025



Infant mortality by age

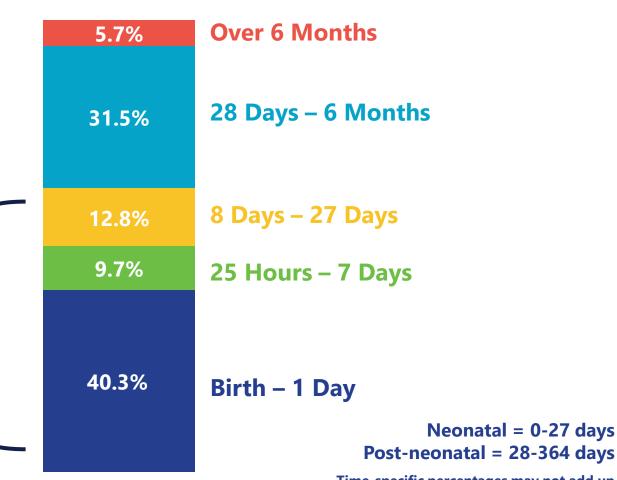


2023 Indiana infant deaths by age

N = 524 Total neonatal = 329 Total post-neonatal = 195

62.8%

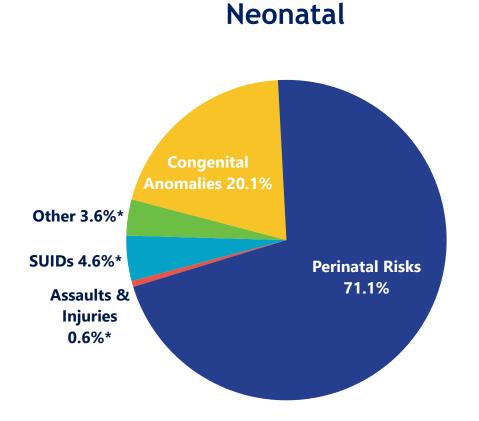
of Indiana infant deaths occurred during the neonatal (0-27 days) period



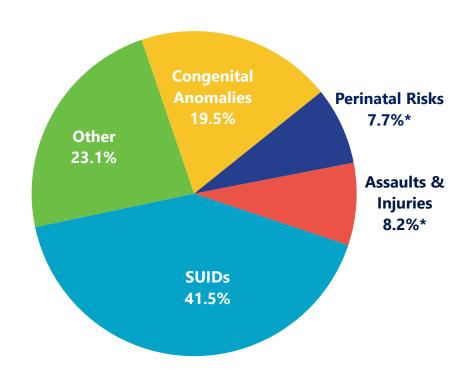


Time-specific percentages may not add up to 100% due to rounding.

Causes of infant mortality by age Indiana 2023



Post - neonatal



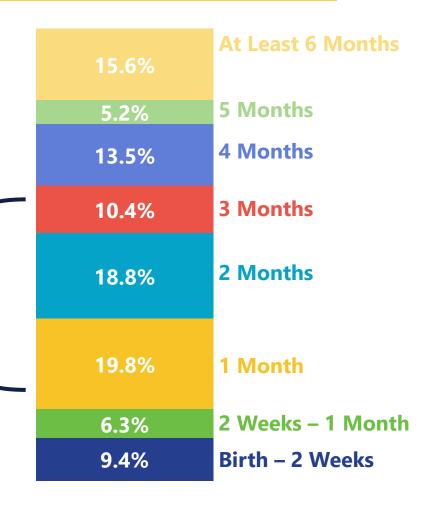


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2023 SUIDs by age



of Indiana SUIDs occurred between 1 and 3 months of age.





Time-specific percentages may not add up to 100% overall due to rounding.

Contributing factors to infant mortality



Factors contributing to infant mortality Indiana 2023

Obesity

- Indiana ranks 7th highest in the U.S. for percentage of adults who have obesity (37.8% of adults)
- 35.4% of Indiana births in 2023 were to pregnant women who have obesity (additional 26.6% overweight)
- Pregnant women who have obesity have an increased risk of preterm birth (13.3% of Indiana births to those who have obesity were preterm compared to 9.4% of births to those in the normal BMI range)

Smoking

- 5.3% of births exposed to smoking during pregnancy
- 9.7% of births to women on Medicaid were exposed to smoking during pregnancy while 2.2% of births to women not on Medicaid were exposed to smoking

Limited prenatal care

• 26.6% of births were to women not receiving prenatal care during the 1st trimester (a statistically significant decrease compared to 2022)

Unsafe sleep practices

• 18.3% of infant deaths in 2023 can be attributed to SUIDs

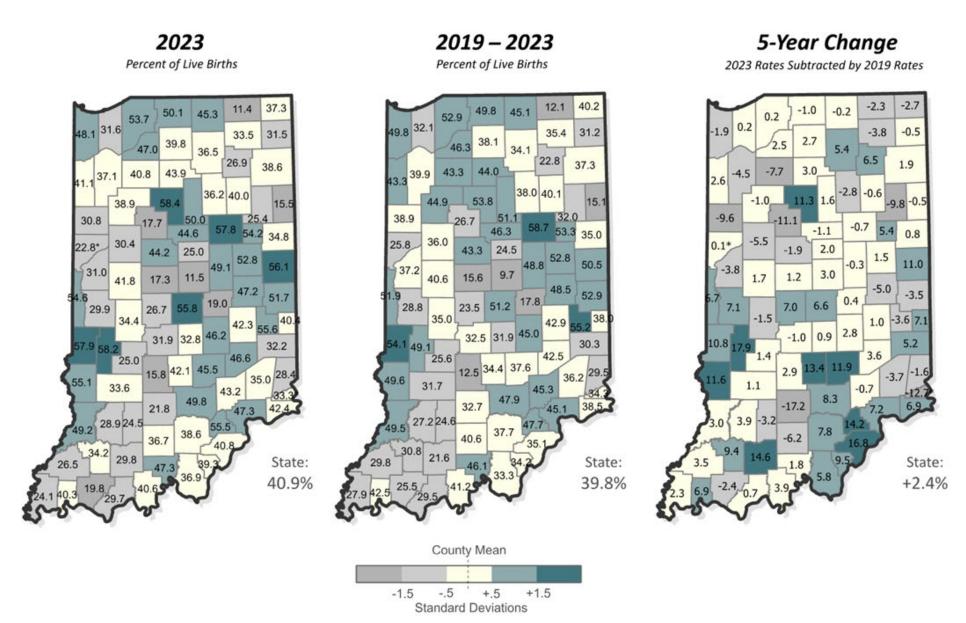


Self-reported demographics Indiana 2023

- Average age = 28.5 years (Range: 13 58)
- Education
 - 14.9% have less than a high school diploma
 - 30.1% have a high school diploma or GED
 - 16.4% have some college education, but no degree
 - 38.3% have an associate's degree or higher
- Income 40.9% of births to mothers on Medicaid
- Marital Status 55.4% to married parents



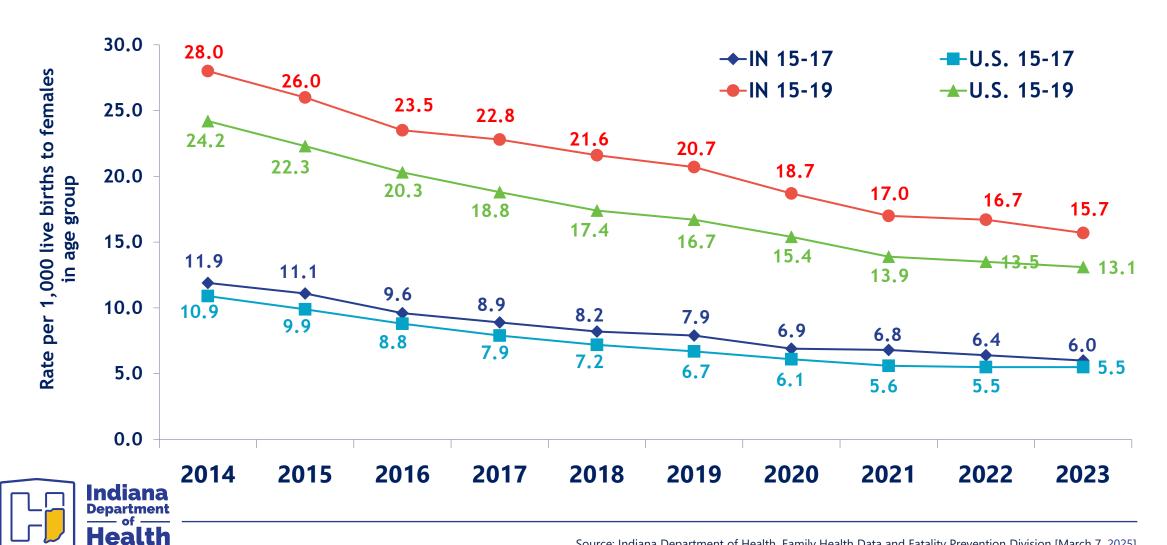
Births to Persons on Medicaid



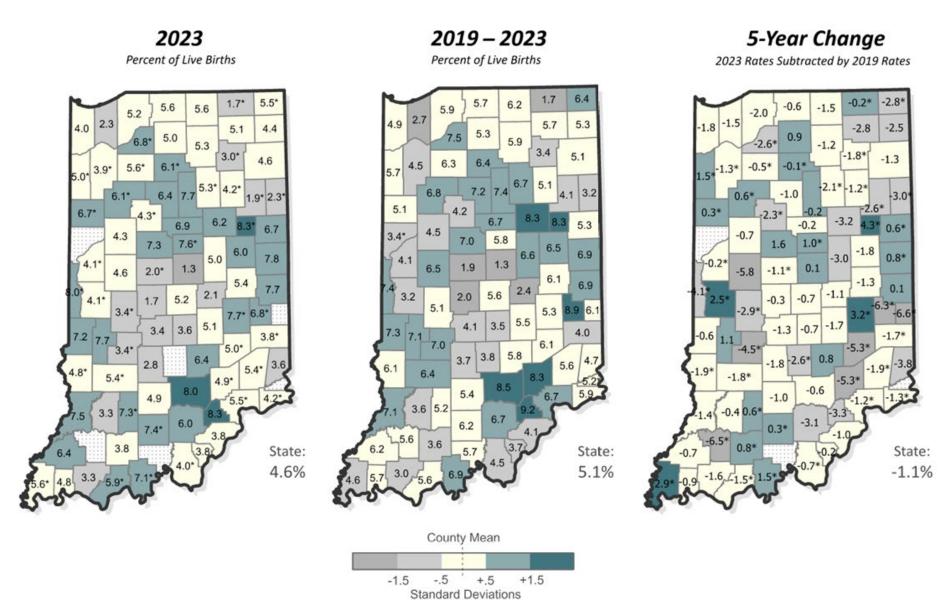
^{*}Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

Age-specific birth rates for teens,

Indiana and U.S., 2014-2023



Births to Teens Ages 15 to 19



^{*}Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

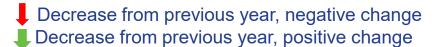
Birth outcomes



Indiana birth outcomes

Measure	2021	2022	2023
Preterm (< 37 weeks gestation)	10.9%	10.9%	11.0%
Low birthweight (< 2500 g)	8.4% 👚	8.7% 🕇	8.6%
Very low birthweight (< 1500 g)	1.3% 👃	1.4% 🕇	1.4%
Early prenatal care (first trimester)	71.7%	70.9%	73.4%
Teen pregnancy	4.9% 👢	4.7% 👢	4.6% 👃
Breastfeeding (at discharge)	81.4%	83.9%	84.1%

[↑] Increase from previous year, negative change.





Percentages are significantly different than the previous year at 0.05 level.

[♠]Increase from previous year, positive change

2023 Indiana birth outcomes by race and ethnicity

Measure	Indiana	NH Black	NH White	Hispanic	Additional/ Unknown
Preterm (< 37 weeks gestation)	11.0% 👚	14.8%	10.5%	10.1%	11.5%
Low birthweight (< 2500 g)	8.6%	14.4%	7.4%	8.4%	10.3% 👚
Very low birthweight (< 1500 g)	1.4%	3.0%	1.1%	1.2%	1.6%
Early prenatal care (first trimester)	73.4%	58.3%	79.4%	59.1%	69.8%
Teen pregnancy	4.6%	6.2%	3.7%	7.8%	5.1%
Breastfeeding (at discharge)	84.1% 👚	79.8%	84.4%	86.3%	84.8%

[↑] Increase from previous year, negative change



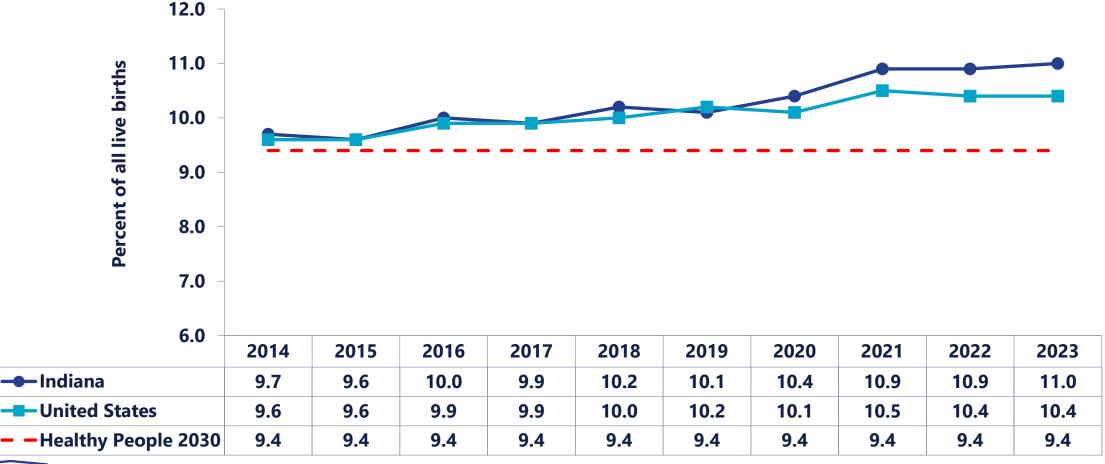
NH = Non-Hispanic

[♠]Increase from previous year, positive change

Decrease from previous year, negative change

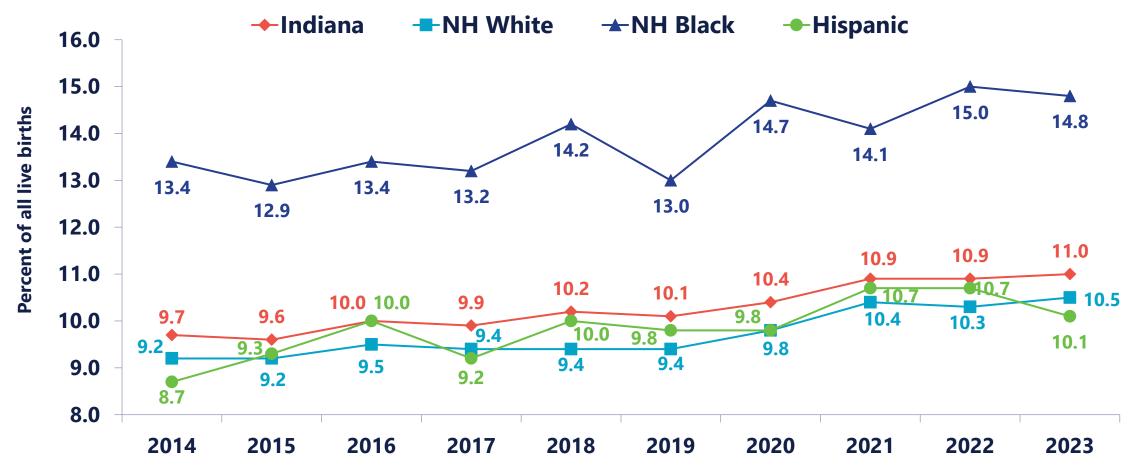
Decrease from previous year, positive change

Percentage of preterm (obstetric estimate < 37 weeks) Indiana, U.S. and Healthy People Goals, 2014-2023



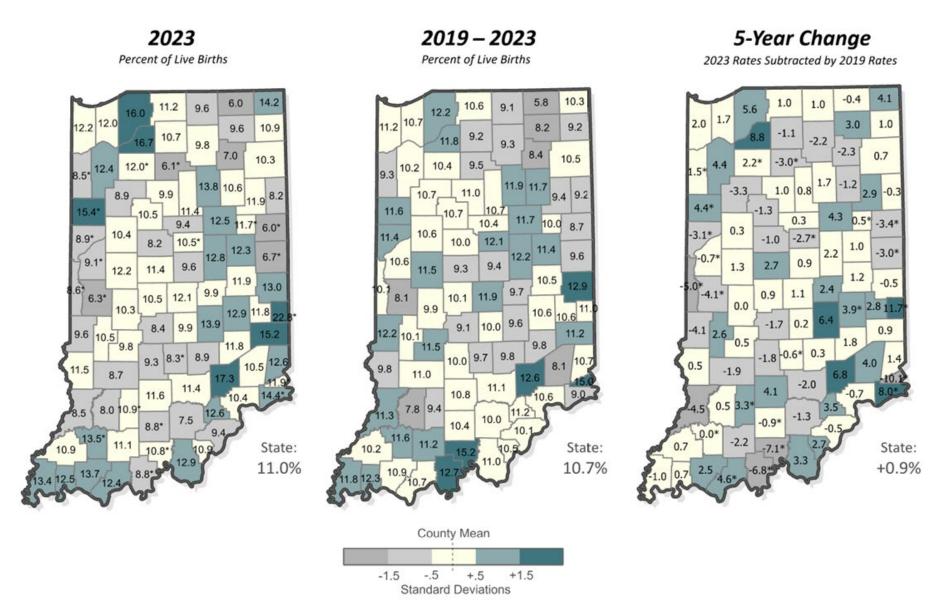


Percentage of preterm (obstetric estimate < 37 weeks) Indiana by race and ethnicity, 2014-2023

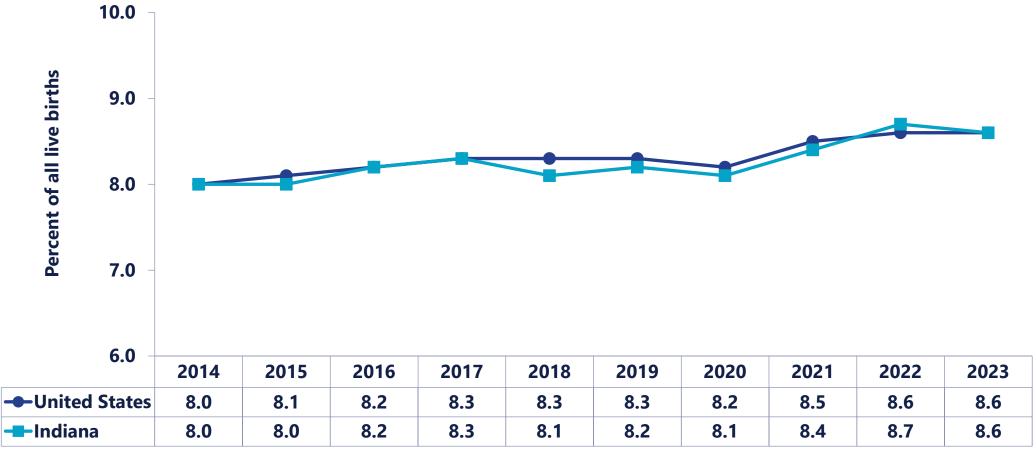




Preterm Births

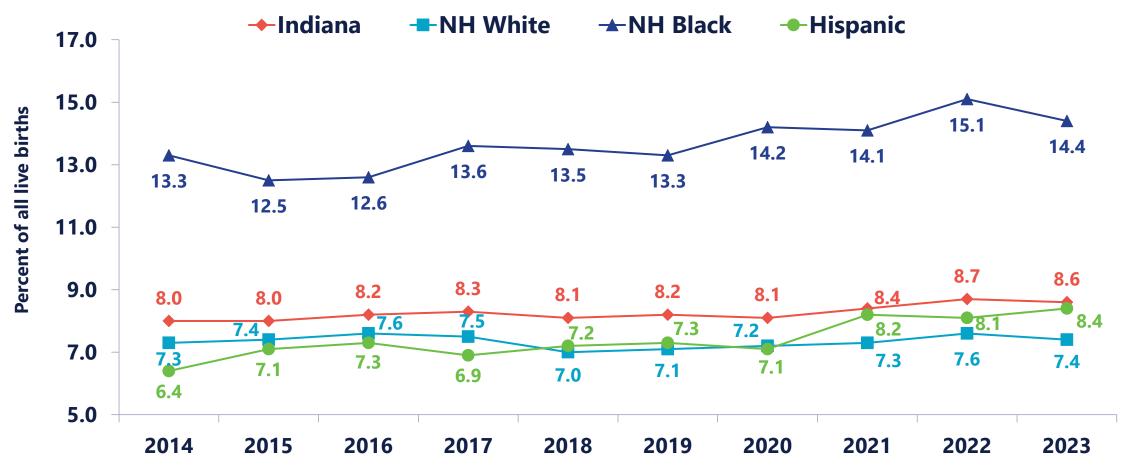


Percentage of low birthweight (< 2,500 grams) Indiana, US and Healthy People goal, 2014-2023



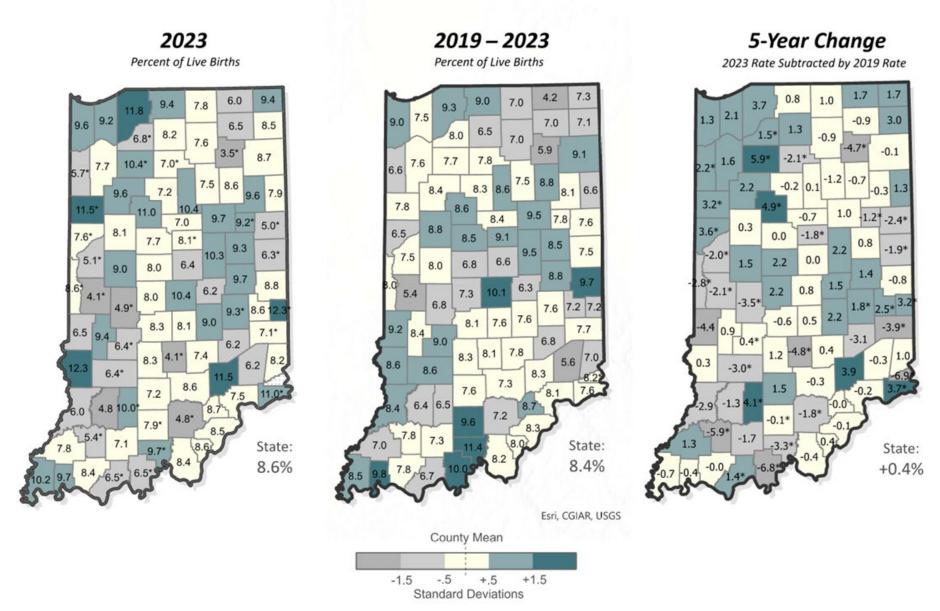


Percentage of low birthweight (< 2,500 grams) Indiana by race and ethnicity, 2014-2023



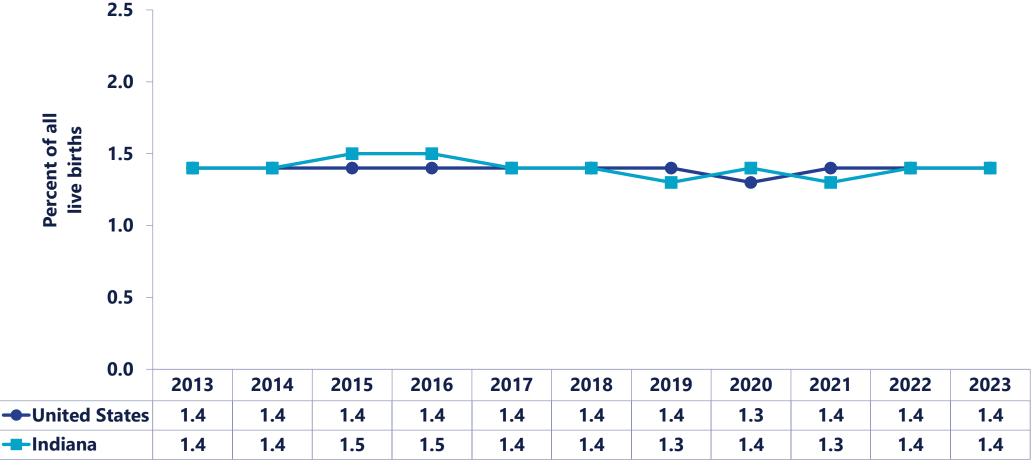


Low Birth Weight Births



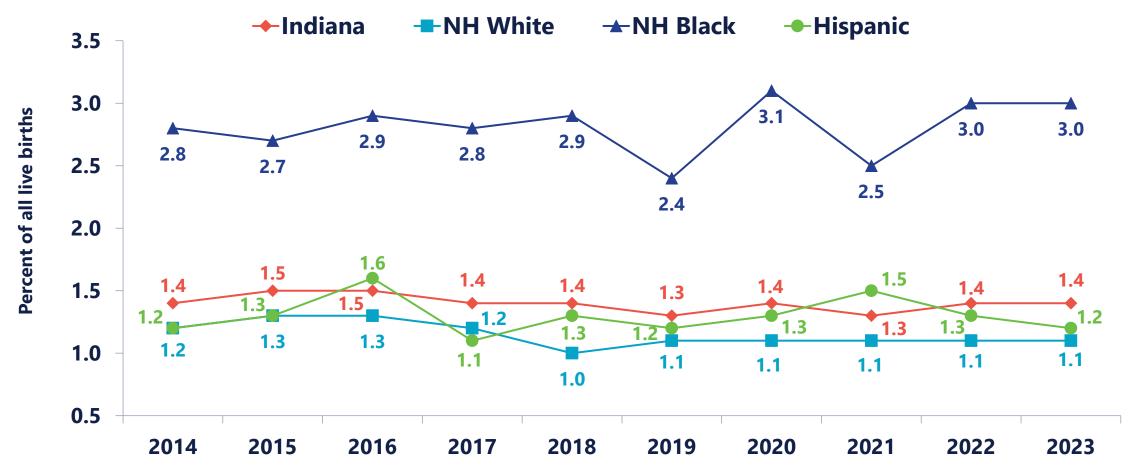
^{*}Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

Percentage of very low birthweight (< 1,500 grams) Indiana, U.S. and Healthy People Goal, 2014-2023



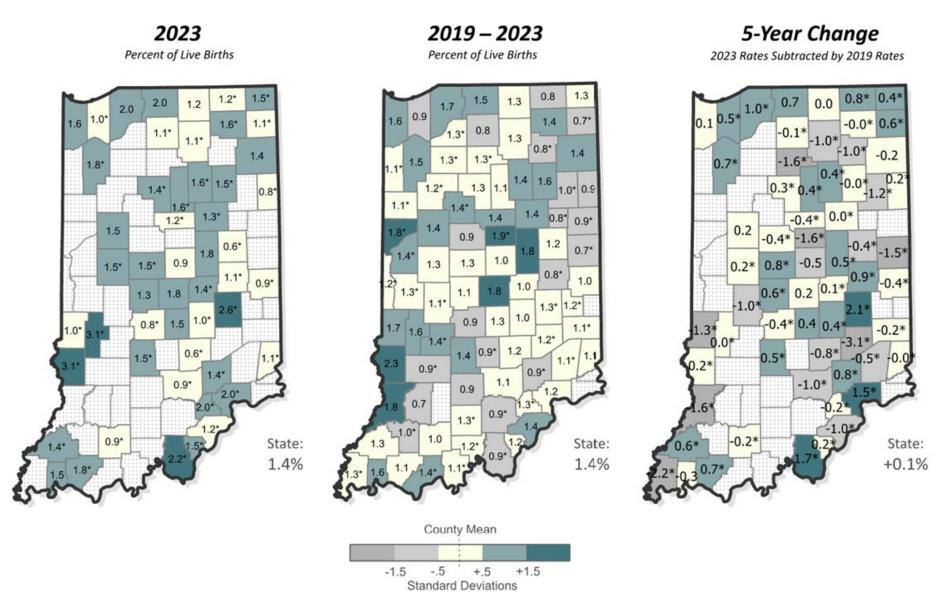


Percentage of very low birthweight (< 1,500 grams) Indiana by race and ethnicity, 2014-2023



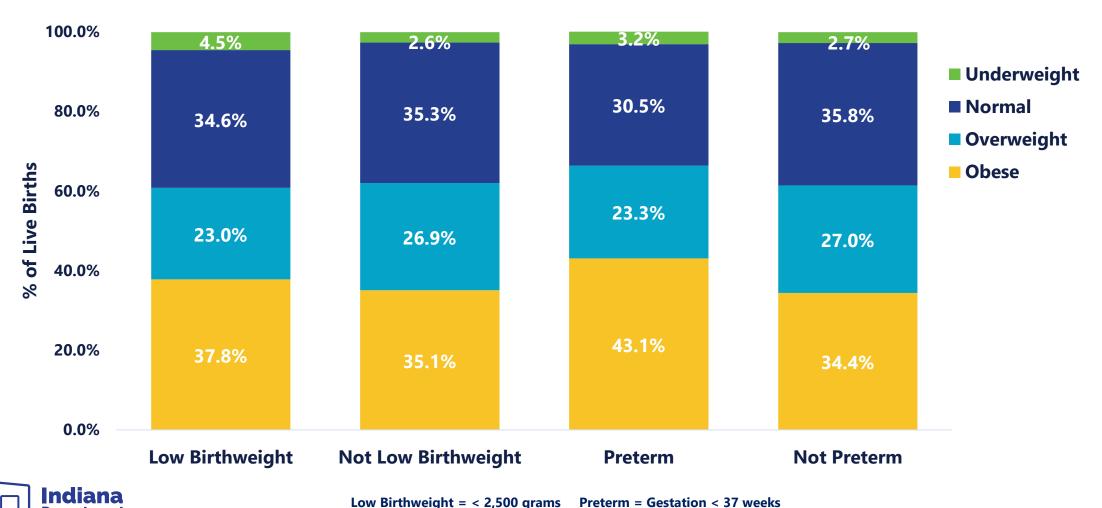


Very Low Birth Weight Births



*Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

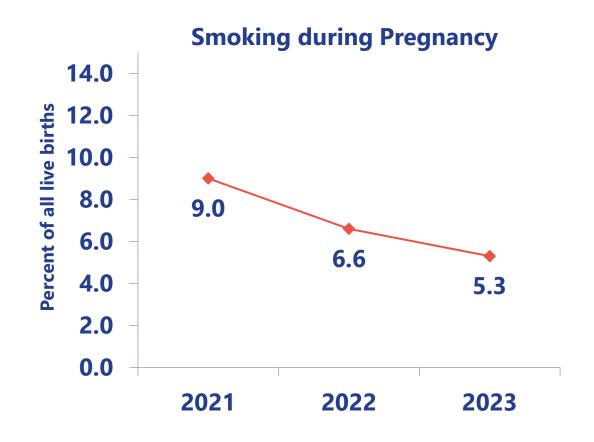
Low birthweight and preterm by BMI, Indiana 2023





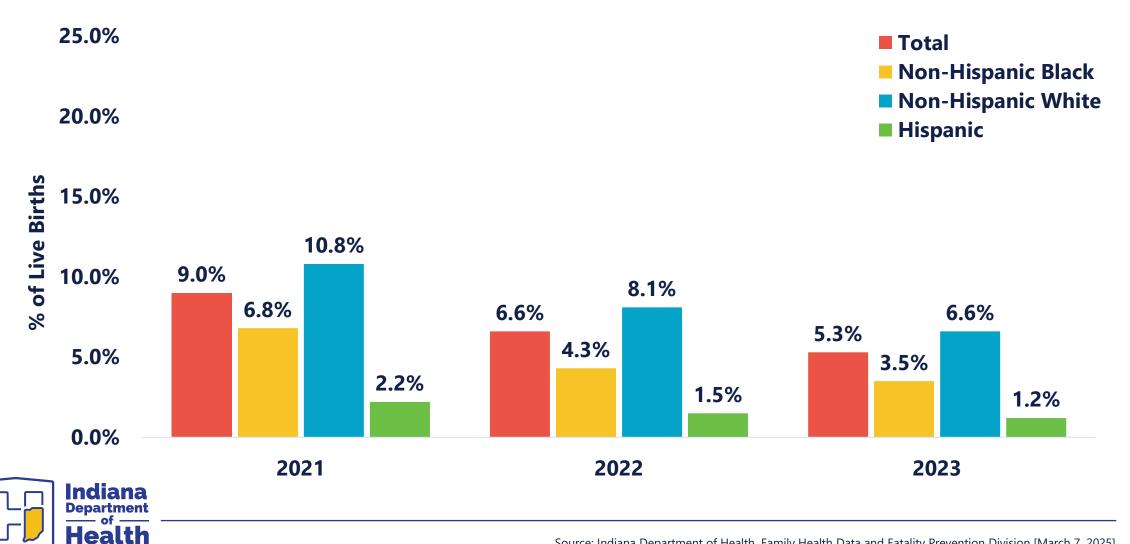
Smoking during pregnancy, Indiana 2021-2023

- The smoking variable has changed in the way that is collected, and as such these percentages should not be compared with previous years
- This means that smoking during pregnancy is calculated using variables for each trimester indicating whether the person had smoked during that trimester.
 - Due to the nature of this variable, it is possible that this percentage is an under representation of the true smoking during pregnancy percentage



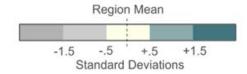


Smoking during pregnancy Indiana by race and ethnicity, 2023



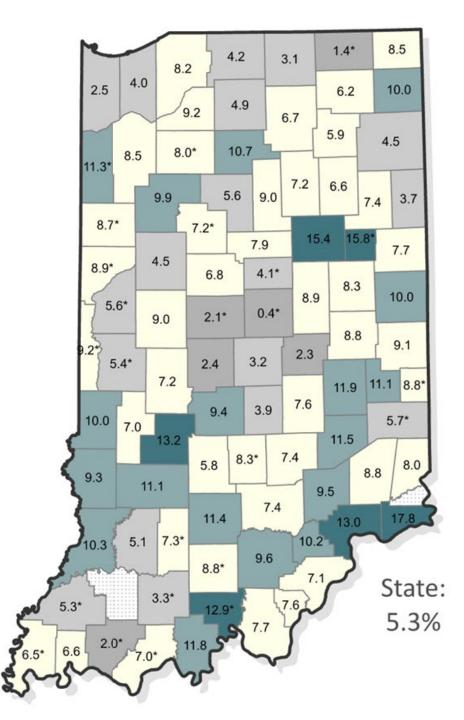
Smoking During Pregnancy Indiana, By County 2023

Percent of Live Births

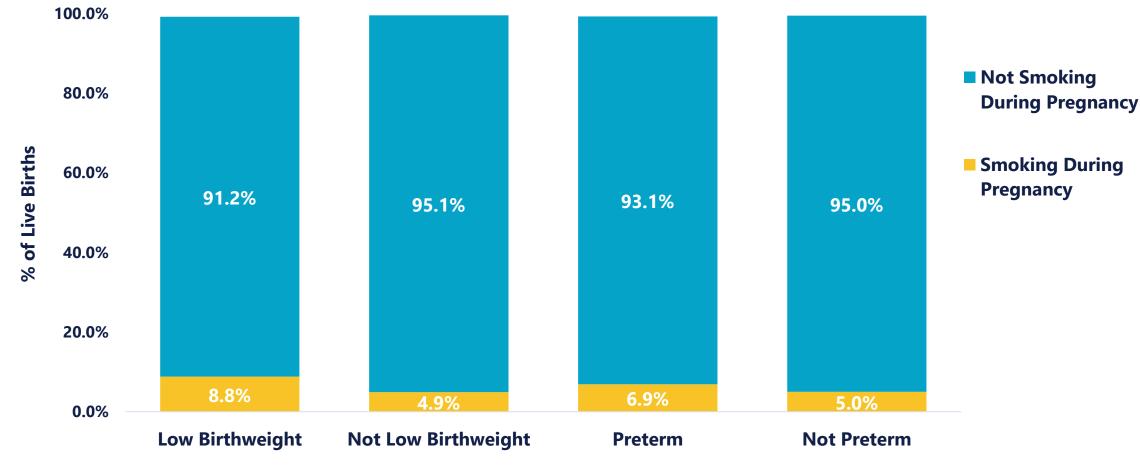


* Denotes unstable rate (<20 events)

Data Source: IDOH MCH, ODA DAT, VR | Map Author: IDOH ODA PHG, April 2025



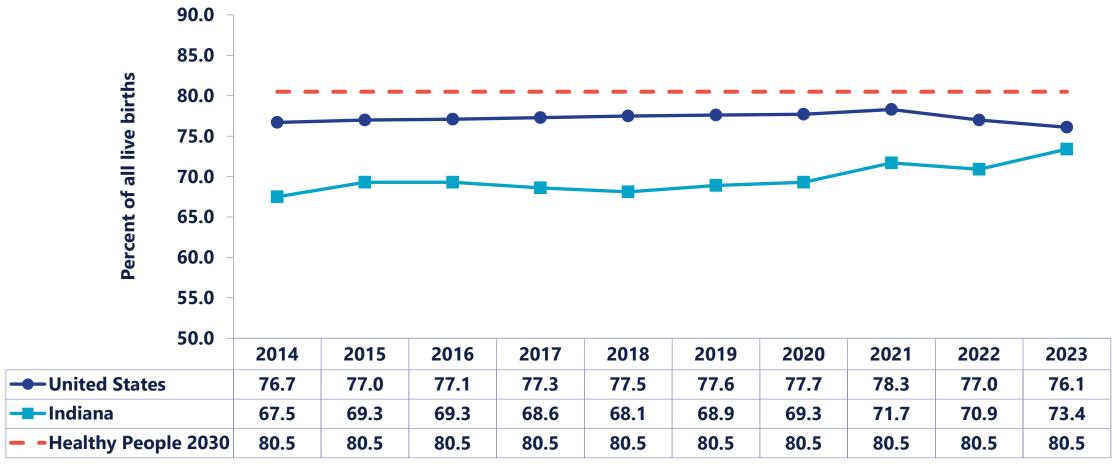
Low birthweight and preterm by smoking status, Indiana 2023





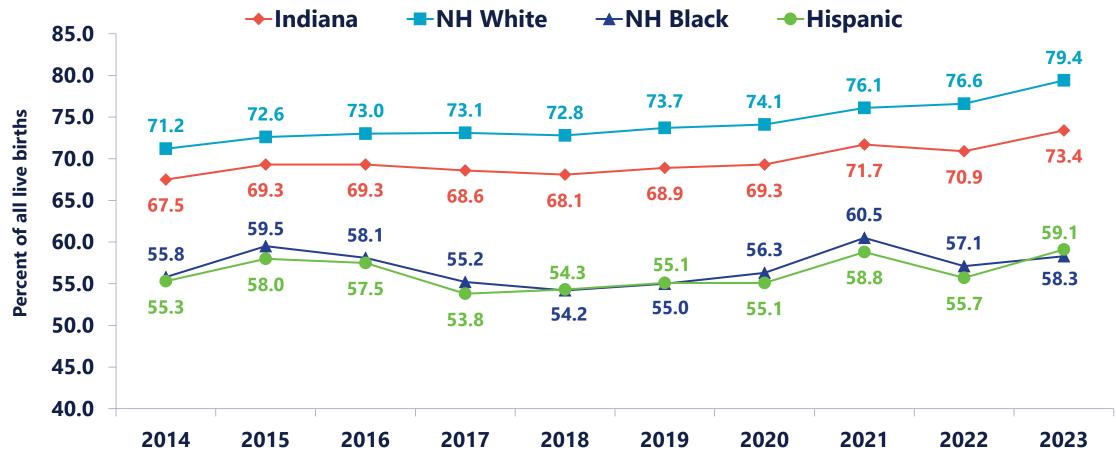
Percentage receiving PNC first trimester

Indiana, U.S. and Healthy People Goal, 2014-2023



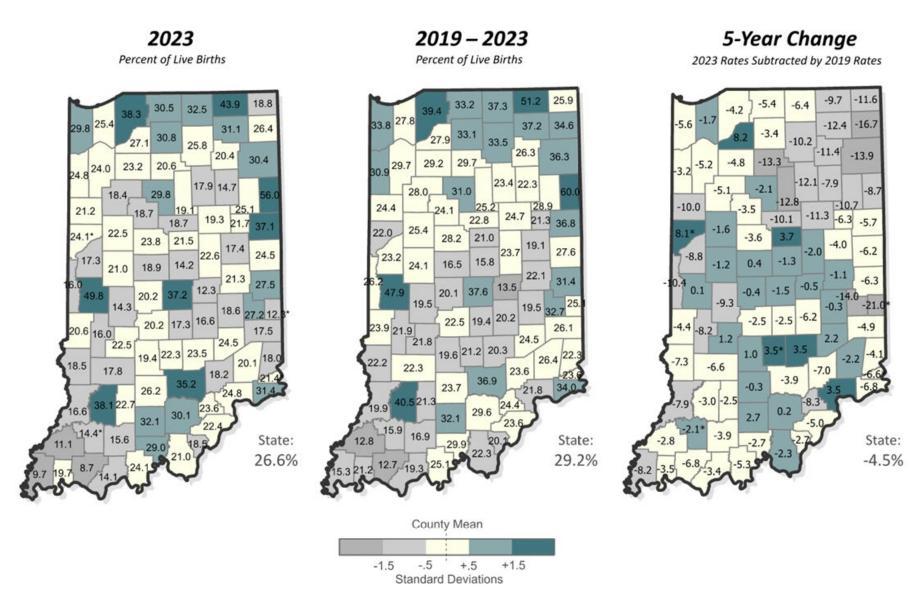


Percentage receiving PNC first trimester Indiana by race and ethnicity, 2014-2023





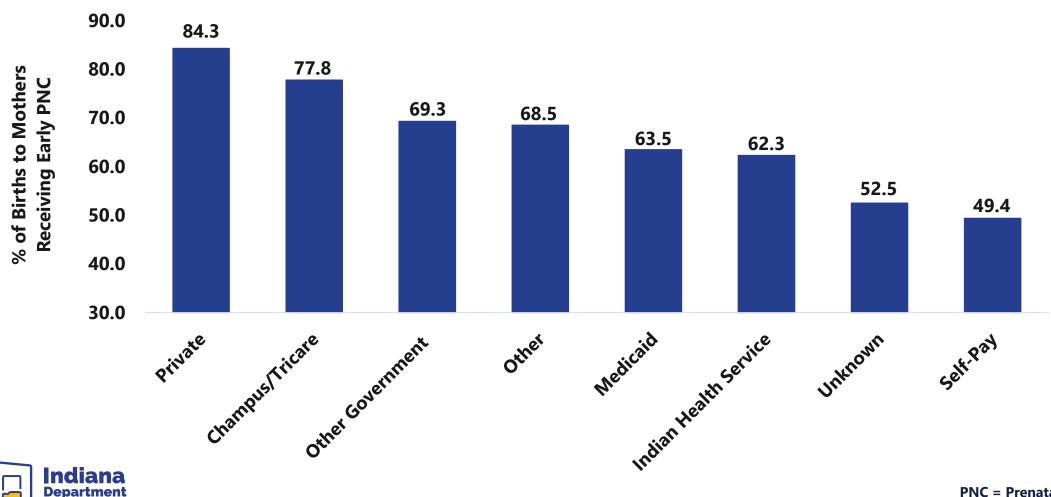
No Early Prenatal Care



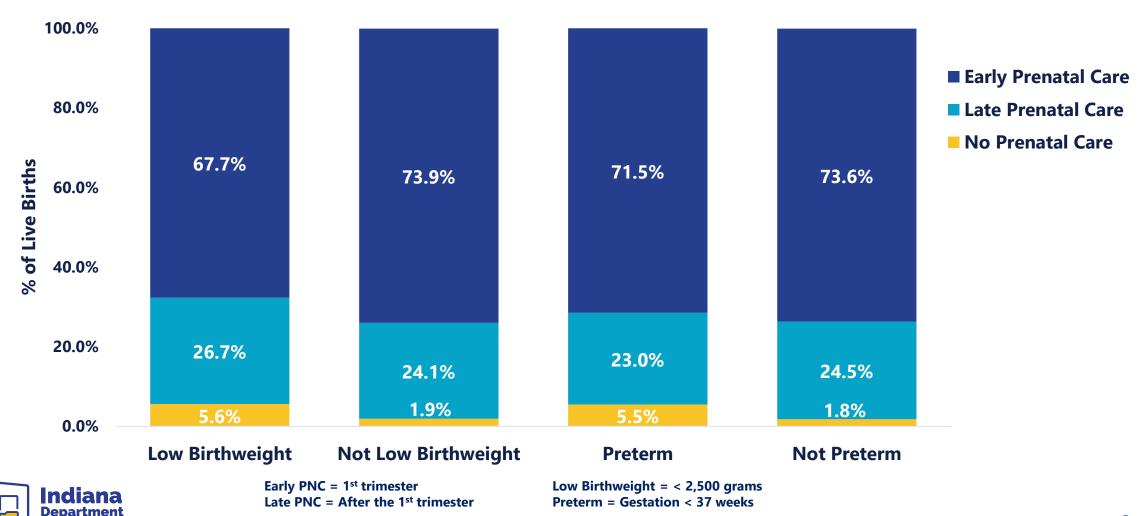
^{*}Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

First trimester PNC by insurance type Indiana 2023

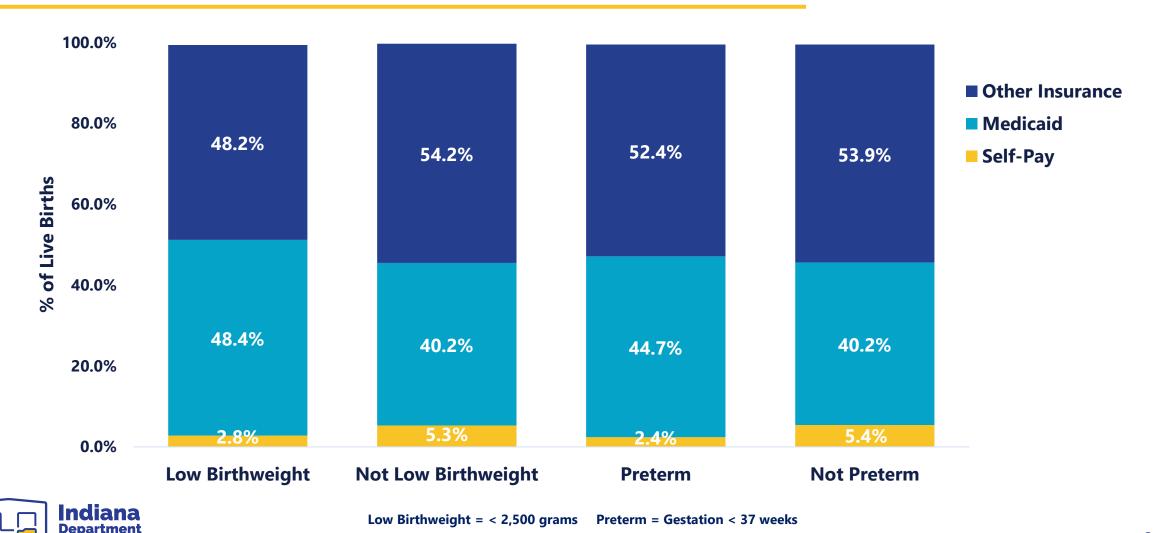
Health



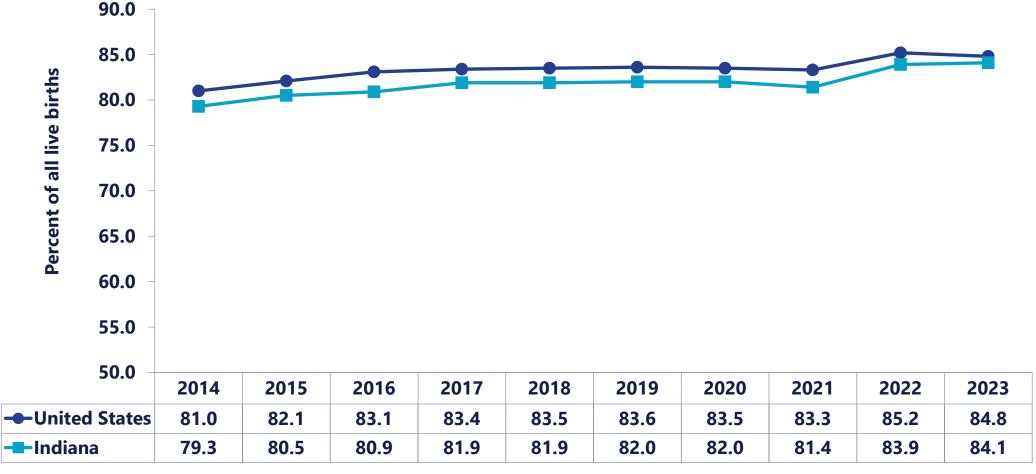
Low birthweight and preterm by prenatal care Indiana 2023



Low birthweight and preterm by insurance Indiana 2023

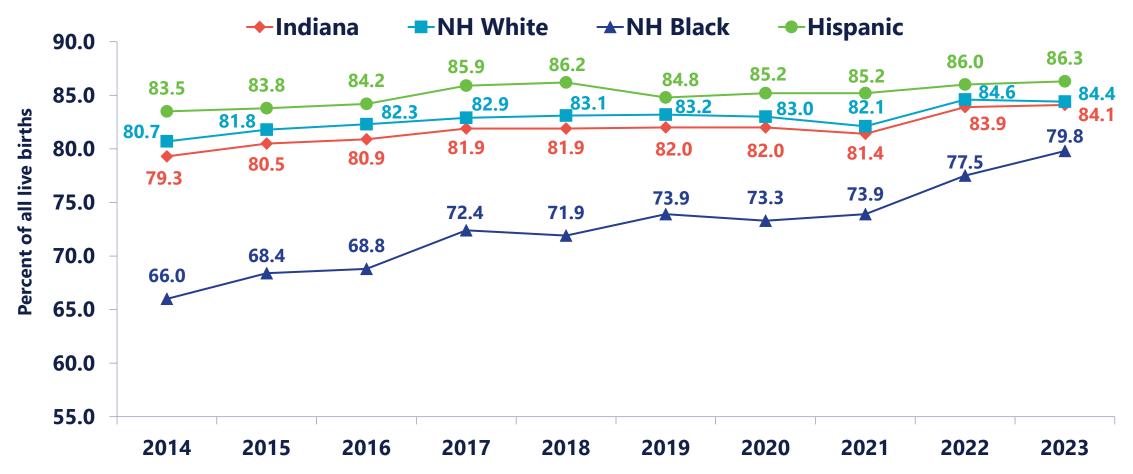


Percentage of infants breastfed at hospital discharge Indiana, and U.S., 2014-2023



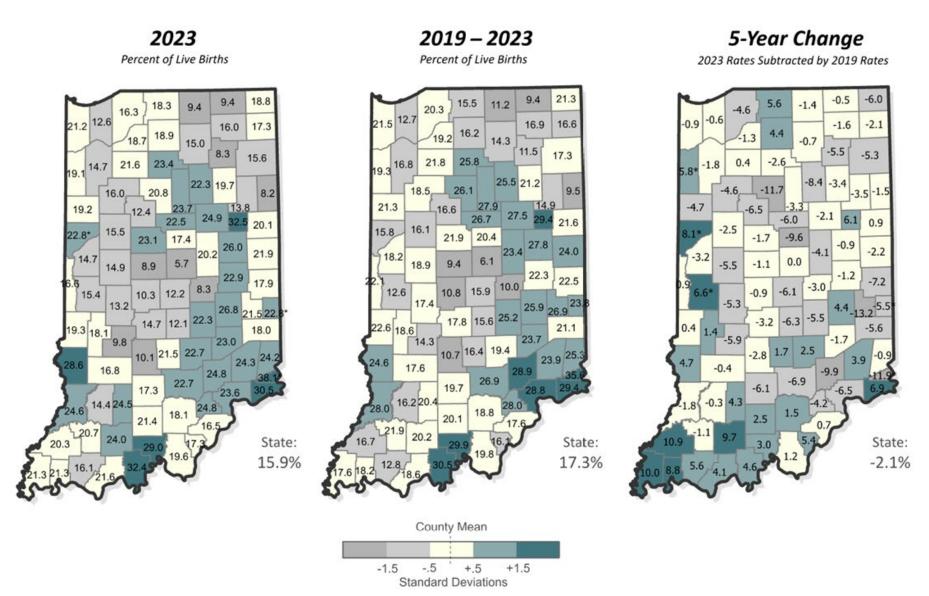


Percentage of infants breastfed at hospital discharge Indiana by race and ethnicity, 2014-2023





Infants Not Breastfed at Hospital Discharge



^{*}Denotes unstable rate (<20 events). Counties with less than 5 events are suppressed.

2023 summary

- 524 infants in Indiana died before their first birthday.
- Perinatal risks are the primary cause of infant mortality in Indiana.
- More than 18% of infant deaths can be attributed to SUIDs and unsafe sleep.
- Preterm births have been increasing in recent years and there was a slight increase from 2022 to 2023.
- Lower percentages of early prenatal care when compared to the U.S., which varies by race and ethnicity and insurance coverage.
- Large disparities in all outcomes make prevention efforts complex.



Questions?

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